



Lots of fun

100% experiential training



Attention Tales



Frog in the Pond



an entrainment experience!



Free Improvisation

Hands of Power

Out of the Box thinking



## Overview:

**"ACTION"** is one of our flagship "Entratrainment" (Entertainment + Training) workshop that lets a participant experience and learn various aspects of effective communication, leadership, releasing stress, working in teams through participation in theatre based techniques to transform and inspire in your professional and personal life.

Topics covered include interesting activities in the areas of excellence in changing and challenging environment; power of body language in non-verbal communication and decisive leadership.

You can transform once you are willing to change and lead the way.....

**Time for "ACTION" .....Curtains Up !!!!!!!**

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## Workshop Benefits for Participants:

- Motivation to perform as a "Star Performer"
  - Confidence to perform and get over the fear of Public Speaking
  - Become a "Spect Actor" not merely a Spectator
  - Experience the adrenal rush of "ACTING ON STAGE" for the first time
  - Releasing stress and breaking free
  - No emotional baggages
  - Connecting with your own soul and bring the child within
  - Team Bonding , Team Spirit and Collaboration
  - Decisive Leadership
- & Many more... As we say "ACTION" is a fun ride...a joy ride....come and experience.
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## Highlights:

- Experiential
  - Interactive
  - Fun-filled
  - Out of The Box Thinking
  - Creativity
  - Simple and easy to understand with subtle take aways for the participants
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Our customized **"ACTION"** workshops have worked really well for our clients to address their requirement for Team Building, Stress Management, Communication Skills, Presentation Skills, Leadership etc.

Please join us ..**be a part** of this movement called **"ACTION"....an Entratrainment experience !!!**



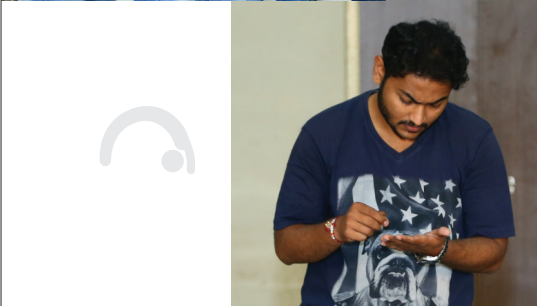
*The Boxed Coin*

*3 Props*



*Character Bus*

*The Hidden Cave*



*Energy Circle*



*Just 1 word*



*Create a Space*

*Back to the Womb*



## Clients Speak:

It was really a pleasure to have you conduct the fantastic "Team Power" program again.

When I came to know about the drama/theater based program, I and my direct reports were little apprehensive about the results it could achieve and whether it will be exciting enough. But after meeting with you, I understood the structure of program and certainly felt it is worth exploring this different and unique team building activity.

Overall, I feel it was excellent program. I know because of your drama background you are expert but really appreciated the way you conducted and got the team out of any inhibitions.

Thanks again Girish!

### **Jagdish Jadhav**

Head Training & Development  
Symbiosis

### **Mahesh Nitsure**

Director – Projects  
FIS Global

This is to acknowledge with thanks the series of workshops conducted for the non-teaching staff, by Nalanda Business Associates for all Institutes/Departments of Symbiosis University.

We give special thanks to Mr. Girish Dharap for his dedication and commitment coupled with excellent delivery of knowledge which was instrumental in timely and successful completion of all proposed workshops.

Our staff have expressed that the training programs were very much effective and feedback rating was excellent. Special mention should be made of the drama based participative program "Team Power", which we highly recommend for all levels. Also we thank Nalanda Business Associates for their expertise and professionalism which contributed greatly to the success of our initiatives and we look forward to many such interventions with them."



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